Are you a parent with a child under five years? Become a Parent Champion volunteer!
Do you want to help parents like you? Become a Parent Champion volunteer!

• Build your confidence
• Develop your communication skills

The Camden Parent Champions programme offers full training and support for all our volunteers. Your experience as a parent champion volunteer will help:

Volunteer for a few hours a week; meet other parents to talk about local services and support them to use their local children’s centre.

If you are a Camden parent with a child under five years and want to help parents like you, come and join our team of volunteers.

Volunteering can benefit you too!

The Camden Parent Champions programme offers full training and support for all our volunteers. Your experience as a parent champion volunteer will help:

• Build your confidence
• Develop your communication skills

And can help you to find work, training or take up an apprenticeship.

For more information contact Camden Parent Champions:
Phone 020 7974 8961 or email camdensurestart@camden.gov.uk
Please come and talk to us at your nearest children’s centre.
Are you a parent with a child under five years? Become a Parent Champion volunteer!

Children's centres are for all families in Camden. To find out more come and visit your local centre.

- Advice and play activities to support your child's speech and language
- Midwifery and health visiting
- Information and support about breastfeeding, baby feeding and healthy eating
- Stay and play drop-ins and other activities for you and your child to enjoy together
- Family support team — if you need extra help
- One-to-one support if you are feeling low, anxious or stressed by family life
- Early education and childcare and childminders
- Help to find training and employment and benefits advice
- Local services for children with special educational needs and/or disabilities, visit localoffer.camden.gov.uk

1a Children's Centre
1a Rosebery Avenue EC1R 4SR
020 7974 7024

Regent's Park Children's Centre
Augustus Street NW1 3TJ
020 7974 8934

Harmood Children's Centre
1 Forge Place NW1 8DQ
020 7974 8961

Agar Children's Centre
Lulworth, Wrotham Road NW1 9SU
020 7974 4789

Kilburn Grange Children's Centre
1 Palmerston Road NW6 2JL
020 7974 5080

To find out more about Camden Sure Start:
camden.gov.uk/camdensurestart